



CREMINI MUSHROOMS WITH EGG, CORN & PEANUTS

Cremini Mushrooms (100 Gms) -
sliced
2 cloves garlic, minced
2 onions (chopped)
Eggs (2)
Peanuts (8-10)
Corn (20-30 gms)
Salt and black pepper, Seasoning

Stir fry sliced cremini mushrooms,
cloves, onions, egg, corn & peanuts with
clarified butter (1 tbs)
Add salt, black pepper & seasoning
Serve with whole wheat toast or rice or
noodles, or just eat as an independent
dish



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